



Donaghmore/ Ashbourne Camogie Training Tutorials



GAA Go Games Skills Channel - Skills for both Camogie & Football broken down in to 1-2 mins videos

https://www.youtube.com/results?search_query=GAA+Go+Games+Skill

Paudie Butler - Basics of swing, structure and method for coaching 10-12 year olds

<https://www.youtube.com/watch?v=ZTCYVpMh3pg>

DJ Carey - 5 Basic hurling skills – lift/ strike/ hook/ block/ catch

<https://www.youtube.com/watch?v=7fNg9hclf0A>