... MATCH EXAMPLES contd.

PHOTOS 7,8 and 9

After this series of photos was taken the shot finished in the top corner of the goal.

- 1. Which two photos show best the preparation for power in the shot?
- 2: For maximum power, how high did the kicking foot swing?
- 3. Throughout the sequence were the kicker's shoulders and chest . . .
- a. face on to where the ball was to be kicked?
- b. at an angle to where the ball was to be kicked?
- 4. For the ball to go straight the kicking foot must also...
- a. swing across the player's body
- stay in line with where the ball is to be kicked
- 5. How does the player's position in photo 8 suggest that the kick will be with a 'fast leg'?
- 6. What, in photo 9, suggests that the player kicked the ball with a 'hard foot'?
- 7. Which part of the ball was struck for perfect contact?
- a. the side of the ball
- b. just below the centre of the ball
- c. the top of the ball
- 8. As the ball is struck was the player's head up or down?
- 9. How did this action help?





